

Capio Movement – international orthopedic leader via internal knowledge sharing

Via its focus on quality and method development within hip and knee prosthesis surgery, the Capio Movement specialist clinic has been able to increase its surgery capacity by significantly reducing average lengths of stay. The clinic has leveraged the expertise of Capio Clinique Sainte Odile in France, where orthopedic surgeon Jérôme Villeminot has played a central role. The improvements have made the Capio Movement a world leader in this area, which is highlighted in the international report on "Helping NHS providers improve productivity in elective care", published in October 2015.

This study took place in order to improve the quality and productivity of elective care within the British NHS (National Health Service), comparing the results within e.g. orthopedic surgery from eight NHS hospitals and five hospitals and clinics outside the UK.

In the study, the average length of stay within NHS was 5.1 days and corresponding 3.2 days for hip prosthesis surgery and 3.0 days for knee prosthesis surgery at the international units. In the first quarter of 2015, Capio Movement achieved average lengths of stay of 1.6 and 1.7 days, respectively, for the same type of operation, which are the lowest average lengths of stays in the study overall. For the full year 2015, the average lengths of stay had improved further to 1.3 days altogether. Capio Movement can also report a low level of re-operation and very satisfied patients. The study thereby identifies a significant improvement potential within elective NHS care.

"We are very proud of the results we have managed to achieve via systematic quality work. With essentially the same resources, we have been able to increase the number of hip and knee replacement surgeries from 358 in 2013 to 754 surgeries in 2015", says

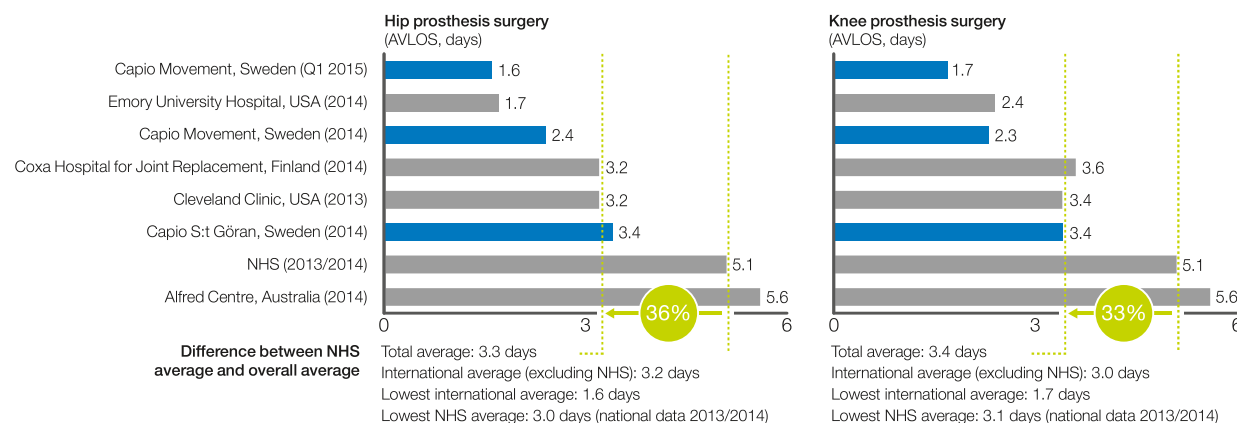


Orthopedic surgeon Håkan Sporrang and nurse Lisbeth Hulander perform a knee prosthesis operation at Capio Movement in Halmstad, Sweden.

Hjalmar Thorsteinsson, CEO of Capio Movement, consultant in orthopedics and specialist in orthopedic surgery.

Capio St Görans Hospital was also included in the study and showed results in line with the overall average.

Average length of stay (AVLOS) for hip and knee replacement: an international comparison



Source: Individual studies, Cleveland Clinic Department of Orthopaedics and Rheumatological Institute, Outcomes Report 2013; Hospital Episode Statistics 2013/14, HSCC.